

Variable	Mean	SD	Min	Max
Age (years)	45.2	12.5	25	65
Gender (Male/Female)	50/50			
Education (years)	12.8	2.1	8	16
Income (USD/month)	1500	300	500	2500
Marital status (Married/Single)	70/30			
Occupation (Professional/Worker)	60/40			
Health status (Good/Poor)	80/20			
Smoking status (Smoker/Non-smoker)	30/70			
Alcohol consumption (Yes/No)	20/80			
Exercise frequency (Regular/Irregular)	40/60			
Stress level (High/Low)	50/50			
Sleep quality (Good/Poor)	60/40			
Dietary habits (Healthy/Unhealthy)	50/50			
Family size (1-3/4-6)	40/60			
Religious beliefs (Religious/Secular)	60/40			
Community involvement (Active/Inactive)	50/50			
Life satisfaction (High/Low)	60/40			
Overall well-being (Good/Poor)	70/30			

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